

Returning to Mass



Welcome Home!



It's been a long time and we are all so excited to be back together!

Use this guide to help as you look forward to gathering for Mass again.

Some things will be different at different churches, so if you have any questions or need help, just ask!

Helpful Information



For now, please only attend your own parish Church.



You are not obligated to attend Sunday Mass until August 15.



Please don't come to Mass if you don't feel well.

When you come, please bring...



Your own hand sanitizer if possible. It's OK if you don't have your own. There should be some at your church.

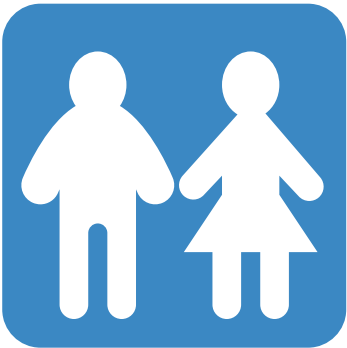


Your mask/face covering

To help keep everyone healthy some things might look different.



You might be asked to use some hand sanitizer when you arrive.



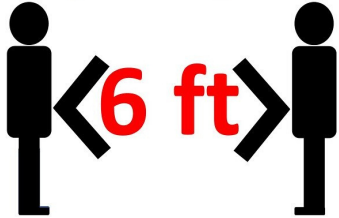
The restrooms may not be open for you to use.



Instead of books, your parish may be using a paper handout for the readings and songs.

Keeping our Distance

Stop the Spread



Flatten the Curve

We are still asked to stay 6 feet away from people we do not live with.



You may notice rope or markings on the pews, on the floor or signs. This is to help us keep a safe distance.

Photo credit mynbc15.com



If you're not sure about something, it's OK to ask questions, or for help!

During Mass some things might look different too.



We are asked not to hold other's hands during the Our Father prayer.

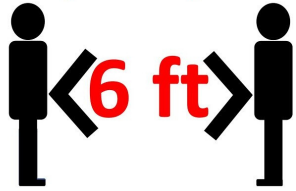


Some parishes are not doing a sign of peace. If yours is, a wave, or a nod or a bow or even a smile are good choices.

*This might seem strange, and that's OK.
You're not alone feeling that way.
It is only temporary, and will help keep us
all healthy.*

Receiving Communion

Stop the Spread



Flatten the Curve

When you line up, use markings or signs to help keep 6 feet between you and the person in front of you.



We are strongly encouraged to receive communion in our hands.



For safety, the priest will be the only one who receives from the chalice.

Receiving Communion



If you use low
gluten hosts

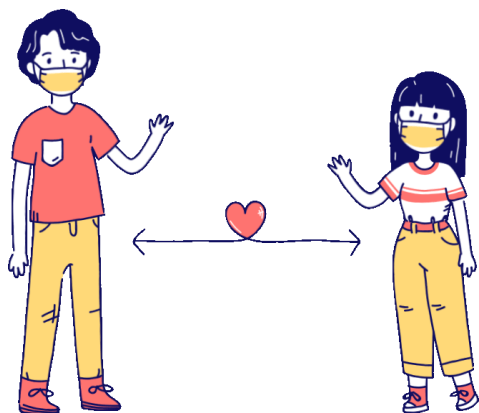


Or normally only
receive from the
chalice...



Talk to your pastor
before you go to Mass
to work out how to do
that.

After Mass

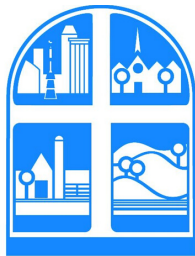


For safety we can't have big groups of people gathering, but it is always OK to greet people with something like a wave or a smile.



It might seem strange for now, but we'll learn and be patient together, and God willing we will all be together again soon!

Office of Catechesis
Secretariat for Worship and Evangelization



ARCHDIOCESE OF INDIANAPOLIS

The Church in Central and Southern Indiana

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