



**National Catholic
Partnership on Disability**
**Alianza Nacional Católica
sobre la Discapacidad**

Adapted Faith Formation Lessons for October

Council on Intellectual and Developmental Disabilities

Family Faith Formation



“The witness of Christian life given by parents in the family comes to children with tenderness and parental respect. Children thus perceive and joyously live the closeness of God and of Jesus made manifest by their parents in such a way that the first Christian experience frequently leaves decisive traces which last throughout life.”

General Directory for Catechesis #226



Four Keys for Practicing Faith

- **Caring Conversations**
- **Family Devotions and Prayer**
- **Family Rituals and Traditions**
- **Family Service**

<https://2nix922u0v5c1unycf149lry-wpengine.netdna-ssl.com/wp-content/uploads/2020/02/four-keys-for-practicing-the-faith-printout.pdf>



October Monthly Activity

The Rosary

When we pray the Rosary, we reflect upon the life of Jesus, and his mother, Mary.

There are four different sets of Mysteries that can be prayed on the Rosary:

- 1. The Joyful Mysteries**
- 2. The Sorrowful Mysteries**
- 3. The Glorious Mysteries**
- 4. The Luminous Mysteries**





The Rosary

October Monthly Activity

Each of these Mysteries has five different events.
One decade of the rosary is dedicated to each of the events.
More information on how to pray the Rosary can be found
at: <https://www.usccb.org/how-to-pray-the-rosary>

October Monthly Activity

CARING CONVERSATIONS

As a family, consider engaging in caring conversations around the Mysteries of the Rosary.

Make connections between the events depicted in the Mysteries with events in your family's lives.

Following are suggestions for conversations starters:



October Monthly Activity

The Joyful Mysteries:

1. *The Annunciation* - what was it like when you found out you were having a baby?
2. *The Visitation* - talk about a special visit from someone who you'll always remember.
3. *The Nativity* - describe the day a family member was born.
4. *The Presentation in the Temple* - discuss preparing for a family member's Baptism.
5. *The Finding in the Temple* - tell about a time you worried about losing someone.



October Monthly Activity

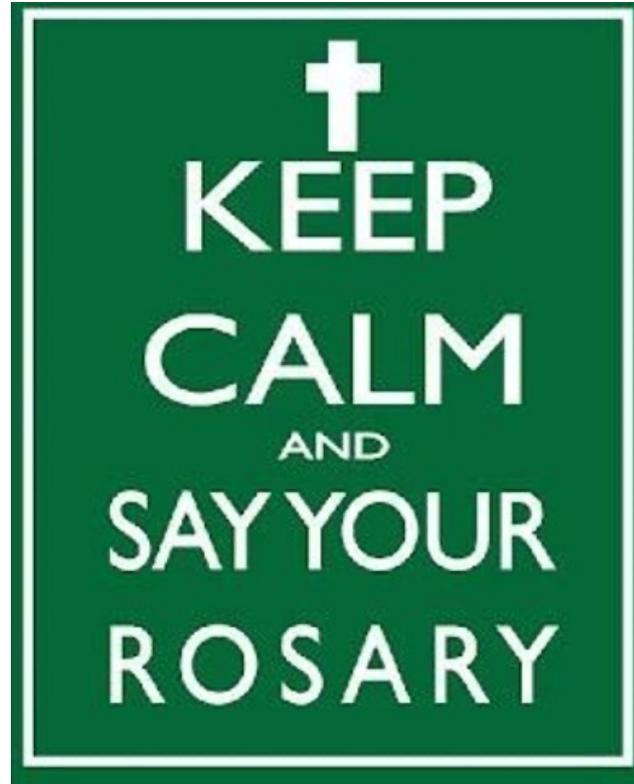
The Luminous Mysteries:

1. *The Baptism of Christ in the Jordan* - describe someone's Baptism celebration.
2. *The Wedding Feast at Cana* - recall doing something challenging that your parent asked you to do.
3. *Jesus' Proclamation of the Coming of the Kingdom of God* - how are you called to service for the Kingdom?
4. *The Transfiguration* - when have you seen Jesus reflected in someone's actions?
5. *The Institution of the Eucharist* – talk about a special time when you received the Eucharist.



FAMILY DEVOTION AND PRAYER

Pray the Rosary together as a family



<https://www.pinterest.com/pin/503488433311038017/?d=t&mt=login>



FAMILY DEVOTION AND PRAYER (con't.)

Mary as Our Protector

The Virgin Mary always protects us with her motherly love. Every time we pray the last verse of the Hail Mary, “pray for us sinners now and at the hour of our death,” we are asking our Blessed Mother to keep us in her prayers throughout our lifetime.



FAMILY DEVOTION AND PRAYER (con't.)

Mary as Our Protector

For some family members, verbally praying the Hail Mary may be challenging to do. Keep in mind that praying can be done in many ways other than the spoken word.

Following are a few optional ways to pray the Hail Mary.



FAMILY DEVOTION AND PRAYER (con't.)

Mary as Our Protector

- Family members can pray the Hail Mary by simply gazing at the images on the following pages.
- Individuals can join others in prayer by pointing to the pictures while family members read the corresponding verses out loud.
- Cut out the large pictures on the following pages. Ask family members to select or hold a card during the beginning, middle, and end of the prayer.
- Ask family members to sequence the larger pictures in the order of the prayer.
- Allow individuals to color or decorate the prayer pictures.



FAMILY DEVOTION AND PRAYER (con't.)

The Hail Mary

Hail Mary, full of grace,
the Lord is with you;



FAMILY DEVOTION AND PRAYER (con't.)

The Hail Mary

blessed are you
among women,
and blessed is the fruit
of your womb, Jesus.



FAMILY DEVOTION AND PRAYER (con't.)

The Hail Mary

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour
of our death.
Amen.



FAMILY DEVOTION AND PRAYER (con't.)

Activity – Make a noodle rosary



Directions can be found at:

<https://www.catholicicing.com/make-a-giant-rosary-with-kids/>

FAMILY DEVOTION AND PRAYER (con't.)

Activity – Make a noodle rosary

Supplies Needed:

- 2 pool noodles of different colors. (One for the “Hail Mary” beads, and one for the “Our Fathers.” Using a third color for the cross is optional). I used 1 pool noodle that was flower shaped, and one that was not.
- Clothes lines (or any small rope)
- Scissors
- Bread knife (or other serrated knife)
- Glue gun



FAMILY RITUAL AND TRADITION

Family Rosary video night

<https://www.youtube.com/watch?v=pwp1CH5R-w4>

Andrea Bocelli Ave Maria

<https://www.youtube.com/watch?v=EfxhieFfBrg>

How to draw a rosary



FAMILY SERVICE

Throughout the month of October,
your family may want to consider “praying”
the Rosary by participating in service activities.

Take turns coloring in a rosary bead every time a family member does a good deed, performs an act of kindness, or completes a service activity for others.

Place the picture of the rosary on the following page in a place in your home that is frequently seen by family members: the refrigerator is a good location. Watch the Rosary being prayed as each bead is colored.



FAMILY SERVICE (con't.)

Options:

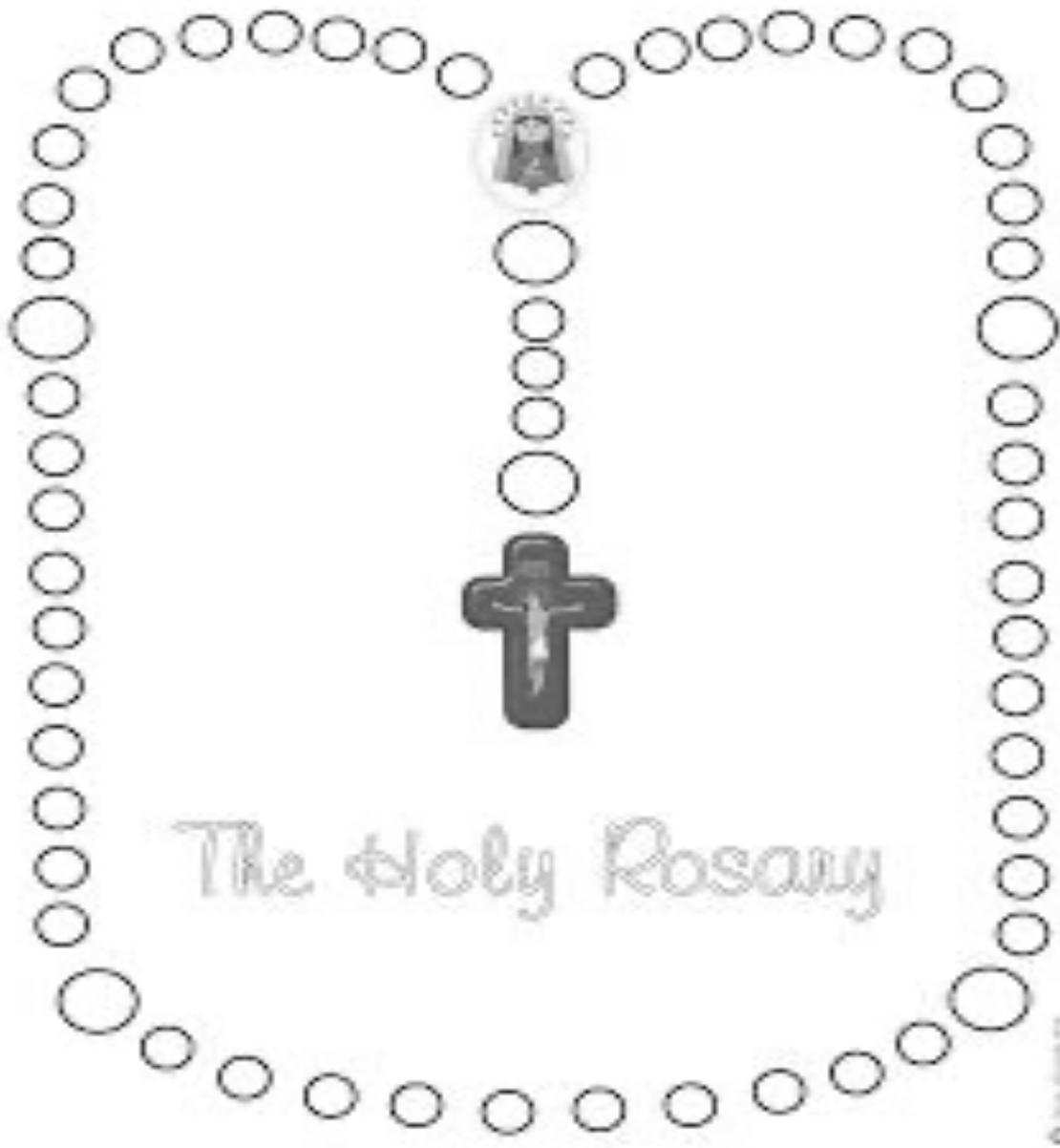
- Write the name or initials of the family member next to their colored bead.
- As a family, say the “Hail Mary” for each colored bead.

Challenge:

- See how many times your family can “pray” the Rosary in a month.



FAMILY SERVICE (con't.)



<https://www.google.com/search?q=Rosary+coloring+page&client=firefox-b-1-d&tbm=isch&source=iu&ictx=1&fir=AFZvp78VyPsZHM%252CsQH05rGqSX-8MM%252C &vet=1&usg=AI4 -kQn0yb U-mSYmzcgde6DbAWNfyndQ&sa=X&ved=2ahUKewjvrcW69lvsAhVQmVkkKHZFWChOQ9QF6BAGKEFQ&biw=1408&bih=662#imgrc=AFZvp78VyPsZHM>

USCCB Scripture Resources

Daily Readings:

[English Daily Readings Audio](#)

[Video Reflection](#)

Click on the links above to reflect on Scripture by reading, listening or viewing the reading.



Tips and Tools

Did you know that coloring has many benefits for young and old alike?

- ✓ Improves Motor Skills
- ✓ Prepares Children for School
- ✓ Stimulates Creativity
- ✓ Improves Handwriting
- ✓ Teaches Color Awareness, Recognition and Discernment
- ✓ Improves Focus and Hand to Eye Coordination
- ✓ Helps Teach Boundaries, Structure and Spatial Awareness
- ✓ Improves Confidence and Self Esteem
- ✓ Provides Relaxation



National Catholic Partnership on Disability

Council on Intellectual and Developmental Disabilities

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For more information please visit [The National Catholic Partnership on Disability](#)

[NCPD Council on Intellectual and Developmental Disabilities](#)

The CIDD is thankful for contributions from:

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