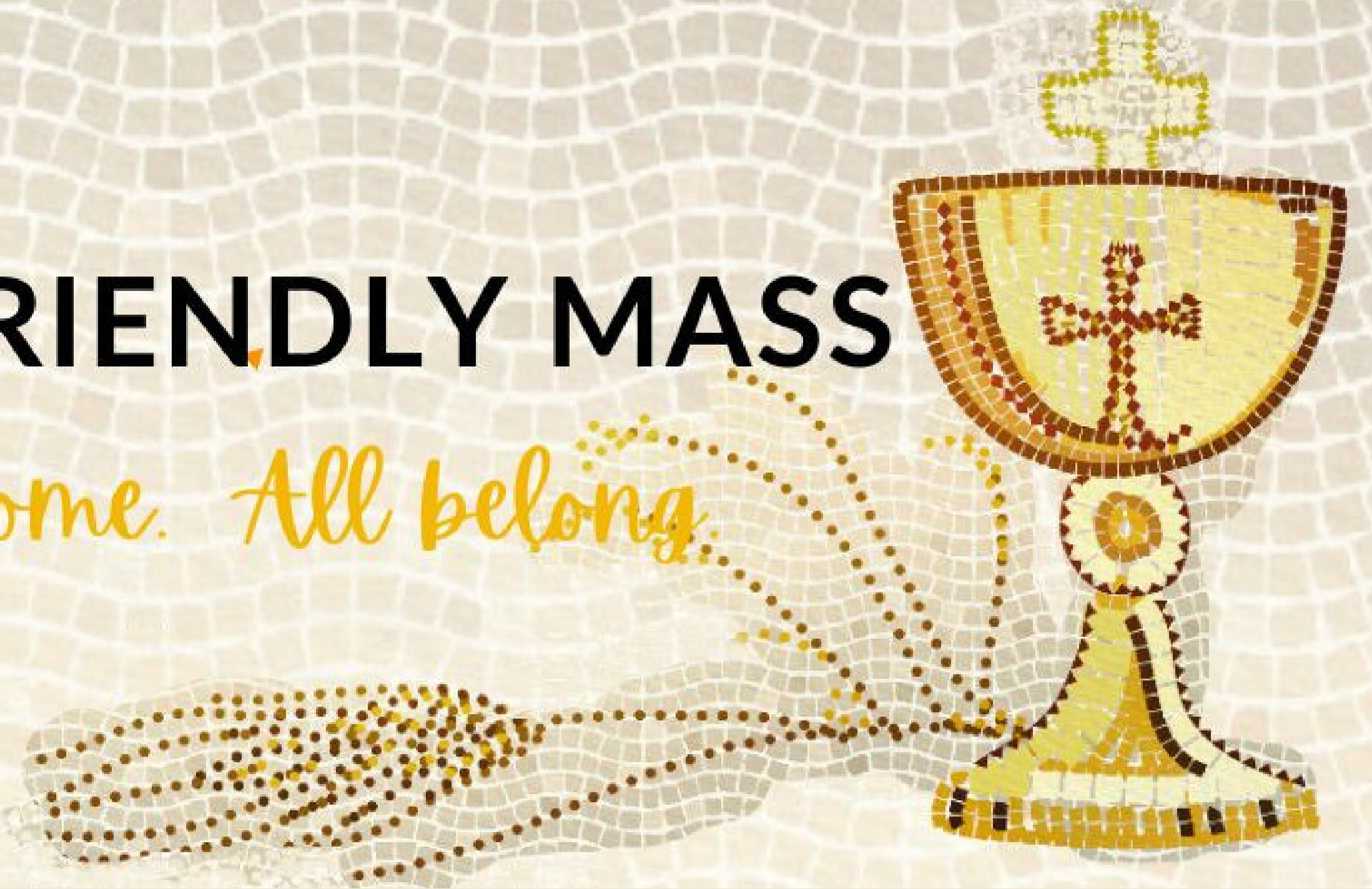


SENSORY FRIENDLY MASS

All are welcome. All belong.



Step 2: Planning the Liturgy

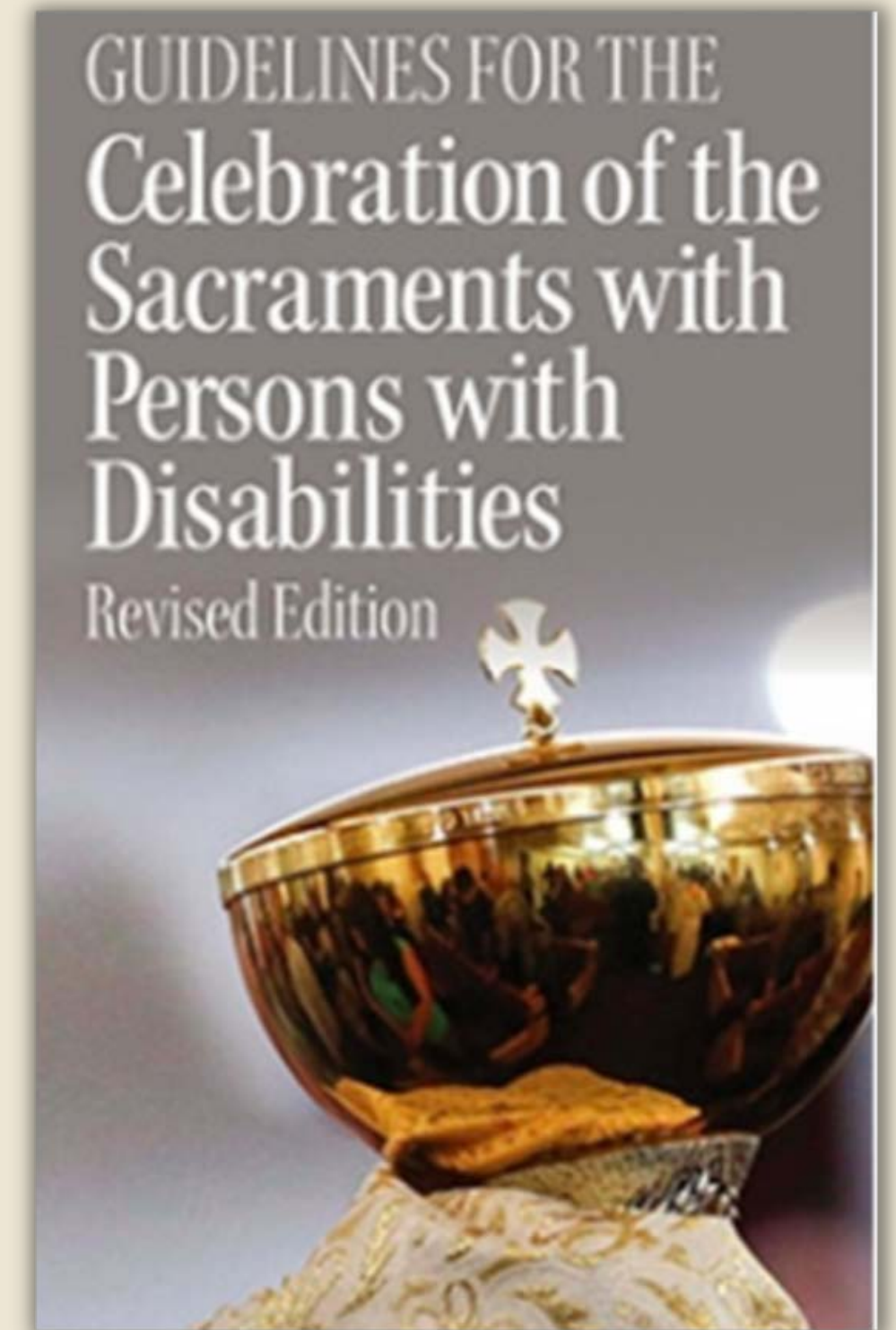
Presented by: Noelle Collis-DeVito



Making Mass Sensory-Friendly

Choosing a Mass:

- Mass Order & Components Remain the Same
- During Parish Mass Time vs. Separate Mass
- Select a time that works for you parish
- Select a time that is appealing for families with persons with disabilities





Making Mass Sensory-Friendly

Selecting Liturgical Ministers:

- Involve persons with disabilities
 - If you are able to select people
- Clearly communicate expectations
- Provide proper training for each role





Making Mass Sensory-Friendly

Preparing the Space:

- Check the light levels
 - Avoid fluorescent lights if possible
- Perform sound checks on all mics
- Survey the Church for any barriers that might be present. Try to provide solutions to these barriers.

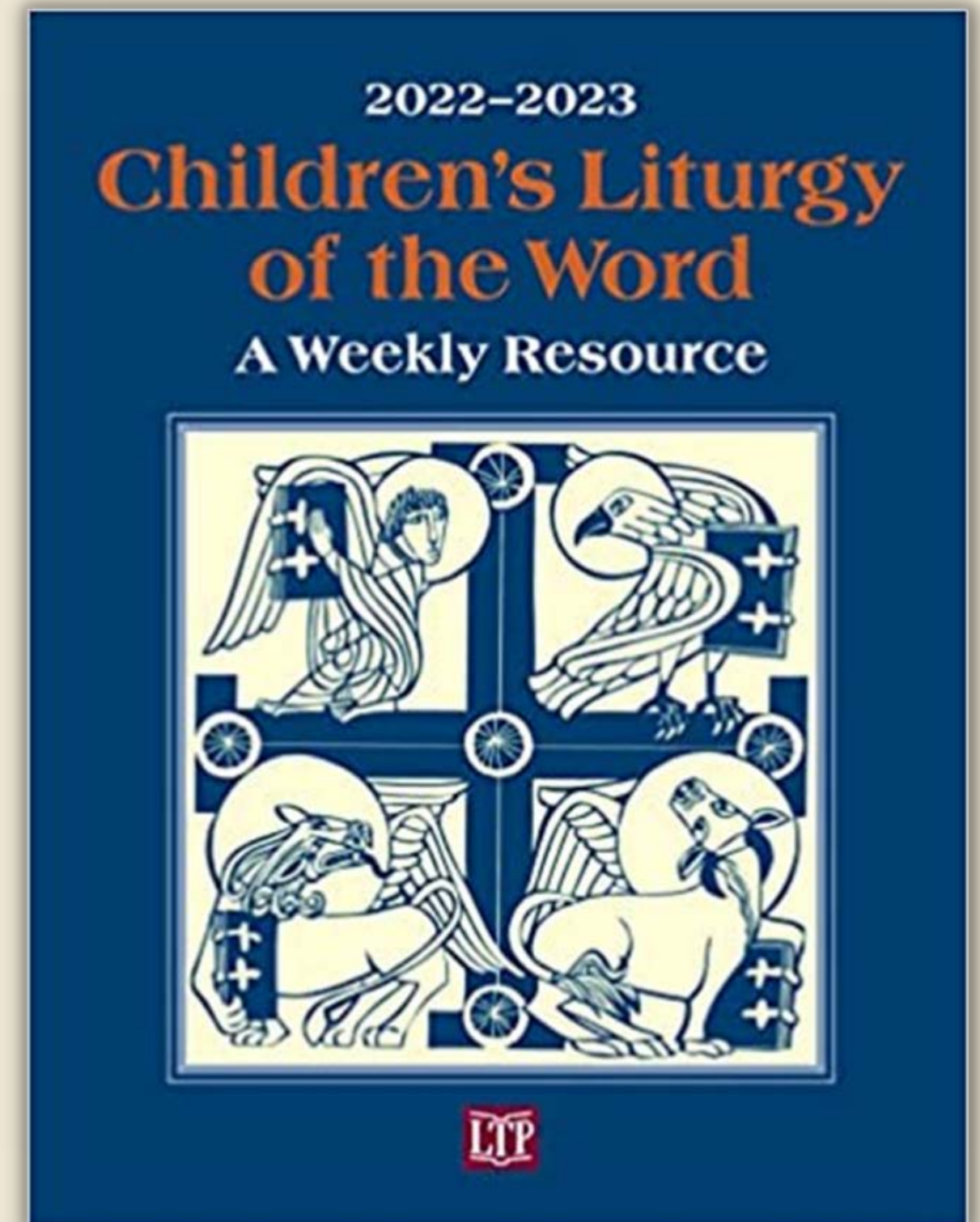




Making Mass Sensory-Friendly

Liturgical Considerations:

- Note any special liturgical celebrations
 - Explain any "extra" parts of the Mass or anything that will be different.
- Consider using the Children's Lectionary
- Music should be softer and less dynamic
 - Avoid loud and dynamic organ music
 - Select songs that are in the mid-vocal range

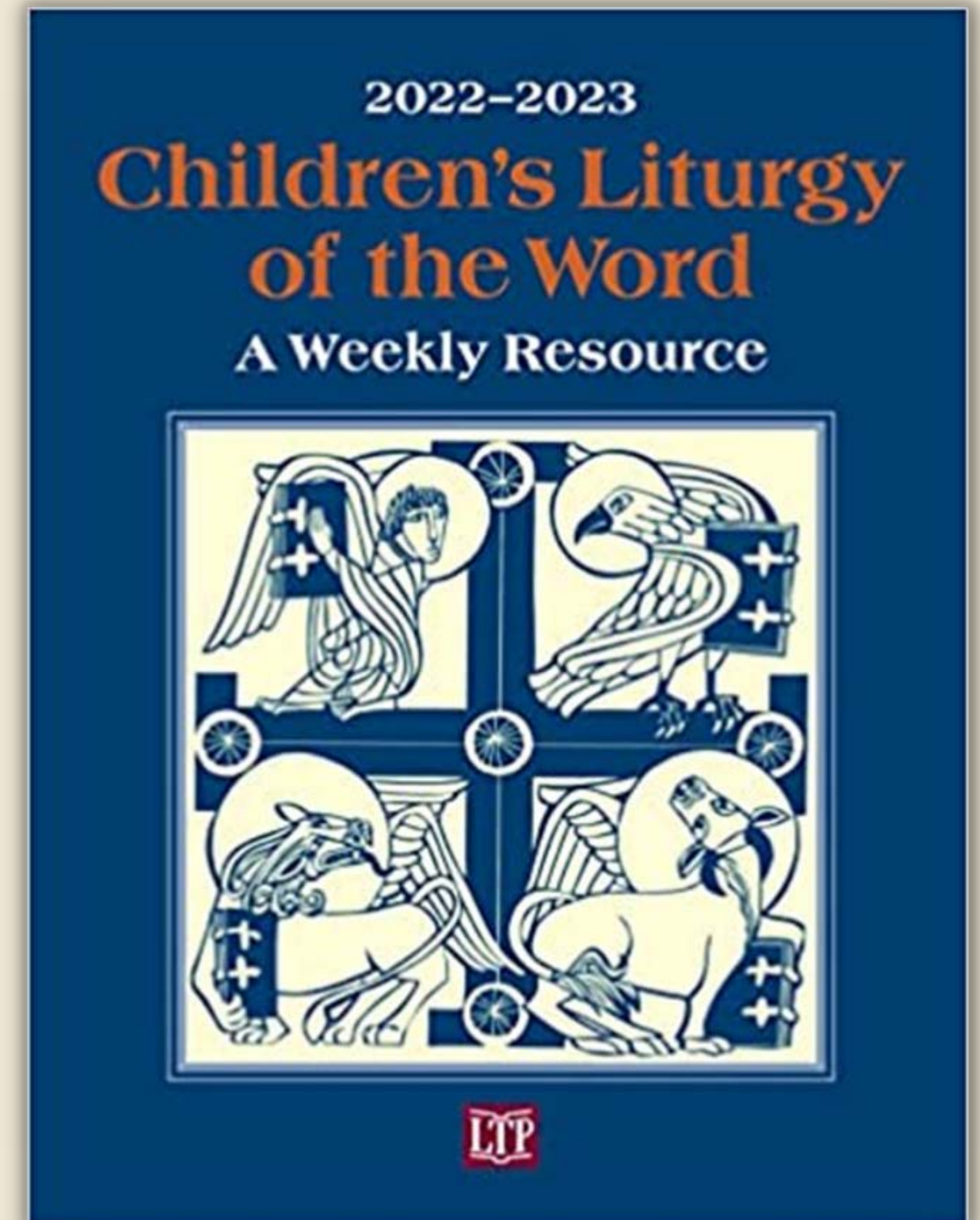




Making Mass Sensory-Friendly

Liturgical Considerations:

- Keep the Homily short, concrete, and consider using visual aids
- Select prayers with the simplest language when possible
- Offer Low-Gluten Hosts as an option





Making Mass Sensory-Friendly

Smells and Bells:

- Avoid using incense
- Refrain from bells during the consecration or consider using a lower tone resonator bell
- Consider turning off Church Bells before Sensory-Friendly Mass
- Ask the parishioners to abstain from clapping during or at the end of Mass





Training Liturgical Ministers

Hospitality Ministers

Altar Servers

Lectors

Cantor/Choir

Presentation of the Gifts

Extraordinary Ministers

