



**National Catholic
Partnership on Disability**
**Alianza Nacional Católica
sobre la Discapacidad**

Adapted Faith Formation Lessons for September

Council on Intellectual and Developmental Disabilities

Family Faith Formation



“The witness of Christian life given by parents in the family comes to children with tenderness and parental respect. Children thus perceive and joyously live the closeness of God and of Jesus made manifest by their parents in such a way that the first Christian experience frequently leaves decisive traces which last throughout life.”

General Directory for Catechesis #226

Four Keys for Practicing Faith

- **Caring Conversations**
- **Family Devotions and Prayer**
- **Family Rituals and Traditions**
- **Family Service**

<https://2nix922u0v5c1unycf149lry-wpengine.netdna-ssl.com/wp-content/uploads/2020/02/four-keys-for-practicing-the-faith-printout.pdf>



September Monthly Activity

The Archangels are God's servants and messengers

Begin or continue a family tradition of reading the following Bible passages:

The three Archangels are known for various strengths.

- St. Michael is the protector of the Church (Revelation 12:7-9) ([click here](#))
- St. Gabriel is God's messenger (Luke 1:11-38)([click here](#))
- St. Raphael is the healing angel (Tobit 12)([click here](#))



September Monthly Activity

The Archangels are God's servants and messengers

CARING CONVERSATIONS

How can we imitate the Archangels?

- Who protects me? Who do I protect?
- What does God say to me? Do I talk to God? Do I listen?
- How can I help someone who is sick?



September Monthly Activity

Matching Activity “Archangels - Community Helpers”

Directions:

- draw a line from the Archangel to a community helper who demonstrates a similar strength

Options:

- color the pictures of the Archangels and the community helpers



September Monthly Activity

Archangels



St. Gabriel the Messenger Archangel

Community Helpers

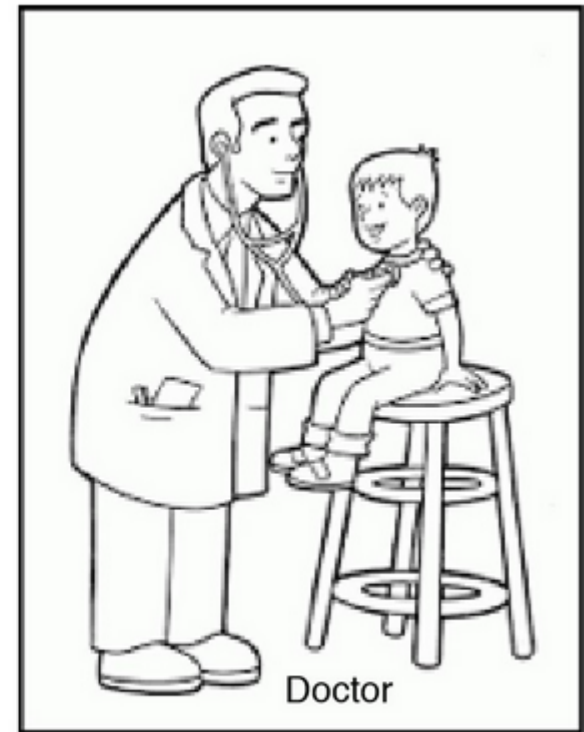


Police Officer

September Monthly Activity (con't.)



St. Michael the Protecting Archangel



Doctor

September Monthly Activity (cont.)



St. Raphael the Healing Archangel



Catechist

September Monthly Activity (con't.)

Who are the Archangels?

Word Search Puzzle:

Following are the names and characteristics of the Archangels. As a family, discuss these qualities and how they can be demonstrated by people you know.

Directions:

See how many words you can find in this word search puzzle. Words may be horizontal, vertical, diagonal, forwards, or backwards.



ARCHANGELS
 DEFENDERS
 GABRIEL
 HEALER
 INTERCESSORS
 LEADER
 MICHAEL
 POWERFUL
 PRAYER
 PROTECTION
 RAPHAEL
 SAFETY
 SAINTS
 STRENGTH

P L L S R O S S E C R E T N I
 O E E R S U O Y D A P H Y N S
 W I A Q F W E E R B U T O S Z
 E R D N V N F C E R E I Q H G
 R B E H I E H X O F T D V P G
 F A R G N A J H A C S X I B Z
 U G J D N N E S E W P R I Q B
 L I E G M A T T P T U W X F K
 J R E L L I O S T R E N G T H
 S L P E E R C Q I D T S W C E
 S G R R P A Y H D C M T M D W
 D U W W A T H J A Z Z N D E T
 H T G D R Y I P P E C I Z Y J
 H G C G R D E I A B L A X U U
 S H V E G S O R B R J S G Q G

Answer Key

P L L S R O S S E C R E T N I
O E E R S U O Y D A P H Y N S
W I A Q F W E E R B U T O S Z
E R D N V N F C E R E I Q H G
R B E H I E H X O F T D V P G
F A R G N A J H A C S X I B Z
U G J D N N E S E W P R I Q B
L I E G M A T T P T U W X F K
J R E L L I O S T R E N G T H
S L P E E R C Q I D T S W C E
S G R R P A Y H D C M T M D W
D U W W A T H J A Z Z N D E T
H T G D R Y I P P E C I Z Y J
H G C G R D E I A B L A X U U
S H V E G S O R B R J S G Q G

Option: Color match the words below to those in the puzzle

ARCHANGELS

DEFENDERS

GABRIEL

HEALER

INTERCESSORS

LEADER

MICHAEL

POWERFUL

PRAYER

PROTECTION

RAPHAEL

SAFETY

SAINTS

STRENGTH



FAMILY DEVOTION AND PRAYER

September 29, 2020, is the Feast of Saints Michael, Gabriel, and Raphael.
Gather your family to recite Psalm 138. One or all the verses or listen to the readings.

For audio ([click here](#))

PSALM 138

R. In the sight of the angels I will sing your praises, Lord.

I will give thanks to you, O LORD, with all my heart,
for you have heard the words of my mouth;
in the presence of the angels I will sing your praise;
I will worship at your holy temple
and give thanks to your name.

R. In the sight of the angels I will sing your praises, Lord.



FAMILY DEVOTION AND PRAYER (con't.)

Because of your kindness and your truth;
for you have made great above all things
your name and your promise.

When I called, you answered me;
you built up strength within me.

R. In the sight of the angels I will sing your praises, Lord.

All the kings of the earth shall give thanks to you, O LORD
when they hear the words of your mouth;
And they shall sing of the ways of the LORD
“Great is the glory of the LORD

R. In the sight of the angels I will sing your praises, Lord.

R. Alleluia, alleluia.

Bless the LORD, all you angels, you ministers, who do his will.

R. Alleluia, alleluia.



FAMILY RITUAL AND TRADITION

Family Night

Set a day each week in September to have a family meal. Say a prayer before your meal.

Have each person review their week:

Who did you help this week?

Who did you pray for this week?

Who did you care for this week?

Spend time together with NO distractions

Cell phones off.

Only necessary communication devices allowed.



FAMILY SERVICE

Be doers of the Word and not hearers only, deluding yourselves. James 1:22
Amen, I say to you, whatever you did for one of these least brothers of mine,
you did for me. Matthew 25:40

In honor of the Archangels, family members may choose to participate in a service project that focuses on being:

- a protector like Saint Michael
- a messenger of good news like Saint Gabriel
- a healer like Saint Raphael

Following are some activities that your family may want to consider.



FAMILY SERVICE (con't.)

Protect the Earth - Be a Green Kid

"Green" means taking special steps to protect the environment — the water, the land, and the air we breathe. You can do this by:

- Reducing the amount of items you use and throw away.
- Reuse items when you can.
- Recycling cans, bottles, paper, books, and even toys.

Check out the “Be a Green Kid” website for more ways to reduce, reuse, and recycle.

(<https://kidshealth.org/en/kids/go-green.html?WT.ac=p-ra>)



FAMILY SERVICE (con't.)

Spread the Good News - Be a Messenger

Family members can find short Bible verses to write down or decorate verses that have been copied.

After writing/decorating the verses, leave the notes for others to find (e.g., place a note in a book, tape a note to a door, put a note in a lunch box).

Some short verses you may choose to write are:

"Jesus Christ is the same yesterday, today, and forever." - Hebrews 13:8

"Rejoice always." *1 Thessalonians 5:16*

"When I am afraid, in you I place my trust." *Psalms 56:3*

"Rely on the mighty Lord; constantly seek his face." *1Chronicles 16:11*



FAMILY SERVICE (con't.)

Make a Healthy Meal - Be a Chef

Families members can plan and make a healthy meal together. If possible, consider doubling the recipe and then sharing the extra meal with a family in need.

Simple recipes that even young children can help make can be found at:

<https://www.healthline.com/nutrition/recipes-to-cook-with-your-kids#1>



USCCB Scripture Resources

Daily Readings:

[English Daily Readings Audio](#)

[Video Reflection](#)

Click on the links above to reflect on Scripture by reading, listening or viewing the reading.



Tips and Tools

The word
LISTEN
contains
the same letters
as the word
SILENT.

— Alfred Brendel

Did you know that the USCCB has audio options so you can listen to Scripture readings at home or in the car?

(See if you can find the link in this month's adapted lesson).

National Catholic Partnership on Disability

Council on Intellectual and Developmental Disabilities

Maggie Rousseau, M.Ed. Chair
ncpd cidd@outlook.com

For more information please visit [The National Catholic Partnership on Disability](#)
[NCPD Council on Intellectual and Developmental Disabilities](#)

The CIDD is thankful for contributions from:

Archdiocese of Galveston-Houston

